

WARHILL 8K RUN

Williamsburg Indoor Sports Complex (WISC), Williamsburg, VA

A Colonial Road Runners Grand Prix Event



Saturday, November 18, 2017

8:30 AM – 1-Mile Fun Run/Walk

9:00 AM – 8K Run/Walk



Registration: Entry and T-shirt

<u>8K</u>	<u>Fun Run</u>	
\$25	\$5	Deadline Friday, November 17
\$30	\$10	Race Day Registration

Register at RunSignUp: <https://runsignup.com/Race/VA/Williamsburg/WarhillCRR8KRun>
Race day registration & packet pickup at 7:30 am at soccer field nearest WISC.

Location:

Warhill Sports Complex, 5700 Warhill Trail, Williamsburg, VA 23188

Course:

8K (4.97 mile) course starts on far end of service road around soccer fields, goes towards the WISC building, then goes left onto the Warhill Nature Trail, doing that trail counter clockwise. Halfway around the trail, at the bike path intersection, the course goes right on the bike path, up to the Longhill Road stop sign turnaround point, and returns on the left edge of the Warhill Sports Complex entrance road, then goes right back onto the Warhill Nature Trail with the finish line beside the WISC building.

Awards (men and women):

Top 3 overall in 8K run, top 3 overall in 8K walk, and top 3 in following groups: 19-and-under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-and-over.

Contact:

Race Coordinator: Rick Platt (757) 229-7375, cell (757) 345-1431, or rickplatt1@juno.com
Registration: Robert Whitaker (757) 812-4740, witrob88@gmail.com

Entry Form: on back

Registration Form

Please make checks payable to Colonial Road Runners and include Warhill 8K Run in memo line.
Mail this form and check to: Robert Whitaker, 106 Jerdone Place, Yorktown, VA 23692.

PLEASE PRINT

Name: _____ M F Age on Race Day: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ Email: _____

Check Race Entry: 8K Run 8K Walk 1-mile Fun Run

Check T-Shirt Size: S M L XL

Fun Run Shirt Size (kids only): S M L

WAIVER:

I know that running/walking a road race is a potentially hazardous activity. I should not enter a run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running/walking in this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, knowing these facts, and in consideration of your accepting my entry, I, for myself and for anyone entitled to act on my behalf, waive and release the Colonial Road Runners, Williamsburg Indoor Sports Complex, James City County Parks & Recreation, and all sponsors, their representatives, and successors from all claims or liability of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose. In consideration of the safety of all event participants, no baby joggers, baby strollers, headphones, animals on leashes, skateboards, or skates are permitted in the race.

Signature: _____ Date: _____

All entrants must sign waiver (parents signature required if entrant under 18)

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