

Colonial Road Runners
Annual Meeting Minutes - Draft
Tuesday April 30, 2013
TPMG – Newtown

The meeting was called to order at 7:04 PM by president, Rick Platt. Attendee list is at the end. The following items were presented and discussed.

- CRR now has two USATF trained course certifiers, Mike McDonald and Brendan Harris. CRR has purchased the necessary measuring equipment for certifying courses. The plan is to certify every CRR race course that is certifiable. Mike is also now the CRR bike leader for races.
- CRR took over the Queen's Lake 5K this year after the withdrawal of St. Baldrick's. The race is now a fund raiser for the CRR Scholarship Fund. The race was also dedicated to the memory of late CRR Peninsula Road Racing Hall of Fame members Tom Ray and Michael Mann. The race will also now be in memory of HoF members who have died. More money was raised for the fund this year than ever before. Bill Bustin has also donated extra tee shirts for the race. The deadline for submission of scholarship applications this year is June 1 with review at the next board meeting on June 4.
- The Walsingham 5K this Saturday still needs volunteers. Contact Rick if you can volunteer.
- Rick reported that the CRR membership list is now complete and in Excel. Since there is currently no paper newsletter, membership will be handled via email.
- Rick made a request to membership for someone to volunteer as editor of a paper version of the newsletter. Most of what was in the newsletter is now on the web. However the newsletter mailing label with date of membership renewal also served as the ID card for member discounts at sponsors. Rick would also like to continue a paper version of the newsletter. Anyone interested in serving as editor should contact Rick.
- A volunteer is needed for sales and storage of a large supply of CRR apparel. Again, contact Rick. CRR will have a booth at Run for the Dream.
- The Salute to the Military 5K scheduled for May 18 has at least been postponed and possibly canceled due to sequestration. The March of the Lions 5K, first run this year, may be a CRR Grand Prix race next year. Stonehouse Elementary is also interested in a Grand Prix race for next year. The Colonial Half Marathon may also become a CRR Grand Prix race.
- There was a review by Rick Platt and Greg Dawson of upcoming team competitions. The Elizabeth River Run is on May 25 and a team of CRR and PTC will compete against the Tidewater Striders in age graded competition. Governors Land 5K will again be the state 5K road championship and Run for the Dream 8K will be the state masters' 8K road championship. Greg Dawson and Steve Chantry are the team coordinators and should be contacted by those interested in participating on a CRR team. Age 70+ teams are being added this year.
- The pursuit of having Williamsburg designated as a Runner Friendly City was reviewed. Paul Freiling of the Williamsburg City Council presented the status.

The city is also looking at obtaining Bike Friendly status and both running and biking are part of the overall healthy community campaign. The work group is comparing Williamsburg to other localities, identifying gaps, and looking at ways to fill the gaps in order to achieve both runner and bike friendly designations.

- Election of officers and the board – Jim Goggin presented recommendations of the election committee as:

President: Rick Platt

First Vice President: Jim Goggin

Second Vice President: Will Murray

Secretary: Stan Rockwell

Treasurer: Randy Hawthorne

Board of Directors:

Greg Dawson

Ron Henn

Brenda Mitchell

Jen Quarles

Bob Walker

Jim Winthrop

Mike McDonald

Steve Menzies

A Volunteer Coordinator needs to be designated since Ken Mitchell is leaving the Board. Thanks for service were extended both to Ken and to Rich Higgins who also is leaving the Board. Discussion included member Daniel Shaye pointing out that the election is outside the dates required by the Bylaws. Rick Platt stated that reasons for picking this date included availability of the speaker. A change of the dates in the Bylaws will be considered for the next annual meeting. Daniel also pointed out that to be in line with RRCA requirements, CRR needs to have a conflict of interest policy and other policies. See <http://www.rrca.org/club-directors/manage-your-club/> for further details. Daniel also said that RRCA will be contacting CRR for governance and leadership consultations.

A motion was made, seconded and passed to accept the officers and board members as recommended.

- Randy Hawthorne gave the treasurer's report including the Scholarship Fund. A perusal of the dues paid for the year compared to the number of members reported to RRCA made it obvious that a number of members have not paid dues. Tracking membership and dues will be further addressed by the Board to ensure better compliance. Stan Rockwell suggested looking at online options. See <http://www.rrca.org/services/online-services/> for details. The full treasurer's report can be found at http://colonialroadrunners.org/Minutes/2013_CRR_Treasurers_Report.pdf.
- Bob Wilson made recommendations for a change in how Grand Prix winners are selected. He will submit a proposal to the Board.

- Lara Quinlan, MD, of TPMG, presented the feature program, “Common Running Injuries: Presentation, Treatment, and Prevention.”
- The meeting was adjourned at 8:57 PM.

Attendees:

CRR Elections Meeting 2013 – Attendees

Officers and Board (11 total actually at meeting)

Greg Dawson (yes for board)
 Jim Goggin (yes for board)
 Randy Hawthorne (yes for board)
 Steve Menzies (yes for board)
 Brenda Mitchell (yes for board)
 Ken Mitchell (no for board)
 Rick Platt (yes for board)
 Jen Quarles (yes for board) – Avery also may come to meeting – now probably won’t be there – no show
 Stan Rockwell (yes for board)
 Bob Walker (yes for board)
 Jim Winthrop (yes for board) – for business part of the meeting only

Showed Up at Meeting (not on RSVP list)

Mike McDonald (yes for board)
No – Ron Henn (but yes for board)
 Rich Higgins (and no for board)

Others (27 actually at meeting)

Melinda Barbish
 Mary Browder
 Bill Bustin (probable) – no show
 Bob Curtin – no show
 Amanda Deverich
 Ben Dyer
 Pat Eden
 Paul Freiling
 Jeff Fry and Elijah
 Joe Harney
 Janice Kailos
 Ann Manciangli
 Dennis Manske
 Terry McManus and Brian
 Bill Moore
 John Piggott – no show

Bill and Louise Sharer
Daniel Shaye
Alisa Spangler-Miller plus one (Nicole Belanus)
Patricia Travis
Nancy Weaver + Rick Niewola
Bob Wilson

Showed Up at Meeting That Evening (not on RSVP list)

Jimmy and Nancy Blount
Pat Ewell

Featured Speaker

Lara Quinlan and her husband

Total of 40 actually at meeting, including speaker and husband